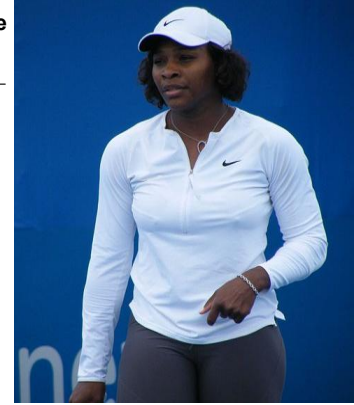




INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

Projekt:	MO-ME-N-T MOderní MEtody s Novými Technologiemi
Reg.č.:	CZ.1.07/1.5.00/34.0903
Operační program:	Vzdělávání pro konkurenceschopnost
Škola:	Hotelová škola, Vyšší odborná škola hotelnictví a turismu a Jazyková škola s právem státní jazykové zkoušky Poděbrady
Tematický okruh:	Racquet and bat-and-ball sports
Jméno autora:	Michal Škvor
Datum:	26. 10. 2013
Ročník: (Cíl. skupina):	2. – 4.
Anotace:	Charakteristika a členění pátkovacích her, popis základních pravidel jednotlivých her a vybavení pro ně.



Racquet and bat-and-ball sports

❖ **Tennis**

Is a game played on a court over the net against an opponent (single) or 2 against 2 (double).

The player, who wins two sets in a best-of-three, or three sets in a best-of-five, wins the match.

The ball is served over the net and it can bounce only once and then it is played by the other player back.

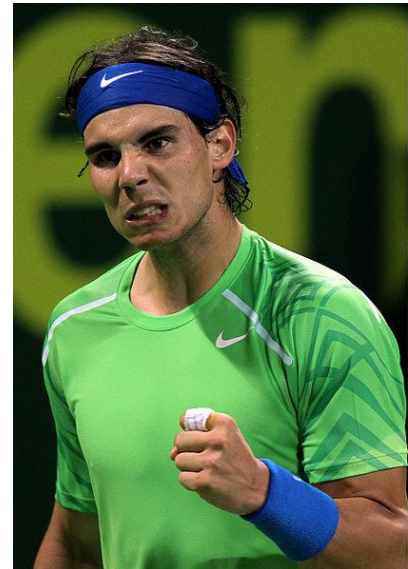
First you serve and then you can play backhand, forehand, volley, half volley, drop shot or over-head smash.

Player's equipment

- trainers, socks, shorts,
T-shirt, racquet, tennis balls,

👍 **The best player:**

Rafael Nadal
(Spain)



❖ Badminton

- played by either two opposing players (singles) or two pairs (doubles), who play on opposite parts of a court divided by a net.
- players score points by striking a **shuttlecock** with their racquet so that it passes over the net. Each side may only strike it once.

Player's equipment

- indoor trainers, socks, shorts, T-shirt, racquet, shuttlecock



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http://commons.wikimedia.org/wiki/File:Volant_badminton.jpg



cit. 2013-10-26]. Dostupný pod licencí Creative Commons na WWW:
<http://commons.wikimedia.org/wiki/File:Badmintonpan.jpg>

❖ Table tennis

- played by two or four players with a ball on a hard table over the net using a table tennis racket. The ball can bounce on each side of the table only once.

Player's equipment

- racket (paddle, bat), ball, table



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❖ Squash

- played by two (singles) or four players (doubles) in a four-walled court with a small rubber ball. The players must take turns in striking the ball onto the playable surfaces of the four walls of the court.
- the first player to reach 9 points wins the game

Player's equipment

racquet, indoor trainers, shorts, T-shirt, ball (the balls have a small colored dots on them to show how slow or fast they are).



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http://commons.wikimedia.org/wiki/File:Squash_court.JPG

❖ Lacrosse

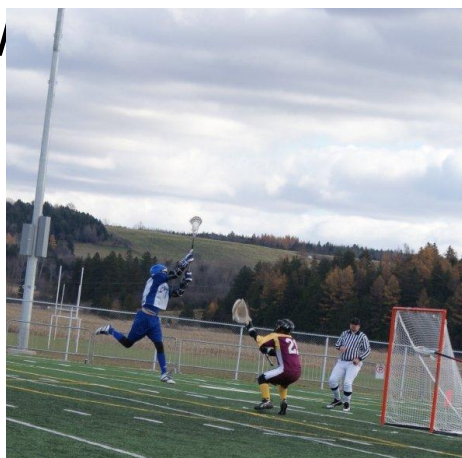
- played with a small rubber ball and a long stick called a crosse or lacrosse stick.
- the aim is to score by shooting the ball into the opponent's goal, using the lacrosse stick to catch, carry, and pass the ball
- there are ten players on each side
- there are 4 quarters of 20 minutes

Player's equipment

- helmet, stick, gloves, cleats, rib guards paddings (shoulder, elbow)



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❖ Baseball

- is a game played by 2 team of 9 players on each side
- they take turns in playing offense (batting and baserunning) and defense (pitching and fielding).
- each game consist of 9 innings
- batting team tries to score by running around four bases
- fielding team tries to stop runners before they reach home plate and record outs.
- when three outs are recorded, the teams switch roles
- 3 strikes = strike out, 4 balls = 1st base

Player's equipment

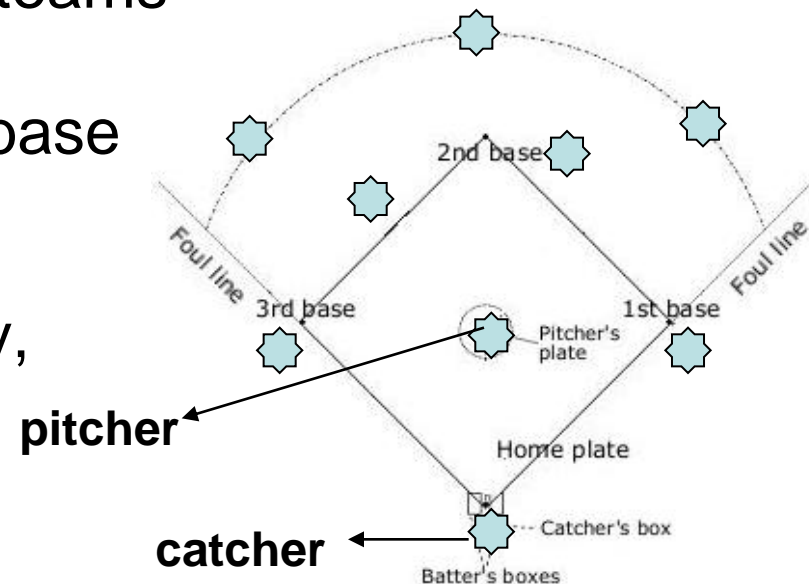
bat, ball, glove, baseball hat, jersey,



The best player:

Alex Rodriguez
(USA – New York Yankees)

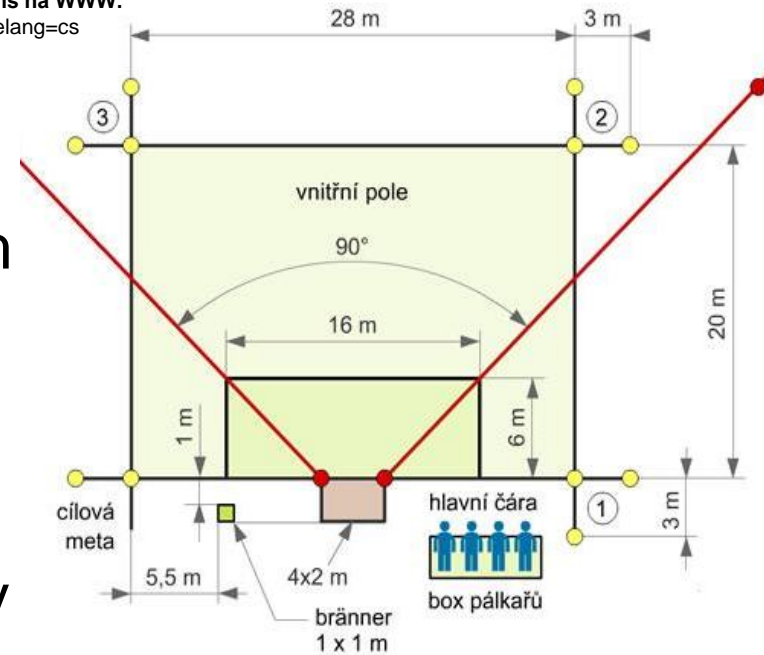
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❖ Brannball

- is a game of 2 teams of 11 players and there are 2 halves of 12 min. each
- the batsmen throws the ball and hits it with the bat
- then batsman runs around the bases
- fielders need to get the ball as quickly as possible to the branner's area and he shouts „brann“ – any batsman who is caught between two bases needs to get back to the first base
- it is played with a tennis ball



Home run – 6 points for batting team (BT)

Player passing fourth base – 1 point for (BT)

Team Caught out – 5 points for catching team (CT)

Caught out – 1 point for (CT)

Fly ball (catch the ball before it hits the ground) – 1 point for (CT)