



INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

Projekt:	MO-ME-N-T MOderní MEtody s Novými Technologiemi
Reg.č.:	CZ.1.07/1.5.00/34.0903
Operační program:	Vzdělávání pro konkurenceschopnost
Škola:	Hotelová škola, Vyšší odborná škola hotelnictví a turismu a Jazyková škola s právem státní jazykové zkoušky Poděbrady
Tematický okruh:	Ball sports (games)
Jméno autora:	Michal Škvor
Datum:	26. 10. 2013
Ročník: (Cíl. skupina):	2. – 4.
Anotace:	Stručný popis nejrozšířenějších míčových her, jejich pravidel a vybavení. Aktuálně nejlepší sportovci příslušných míčových her.



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Ball sports (games)

Mostly a team activity which is played with a ball by two opposing teams.

We can divide them into:

Goal games – football, basketball, handball...

Net games – volleyball...

Bat and ball games – baseball, cricket ...

Racquet and ball games – tennis, squash...

Precision games – golf, bowling, billiard...

Football

- a game which lasts 90 min
- it is played by two opposing teams of 11 players on each side
- the aim is to score in the opponent's goal by kicking the ball
- it can be played by all parts of the body except arms and hands
- Only goalkeepers can use hands but only within the given territory
- it is played on a rectangular pitch with two goals at each end

Player's equipment

→ football boots (cleats), socks, shin pads, shorts, jersey, ball



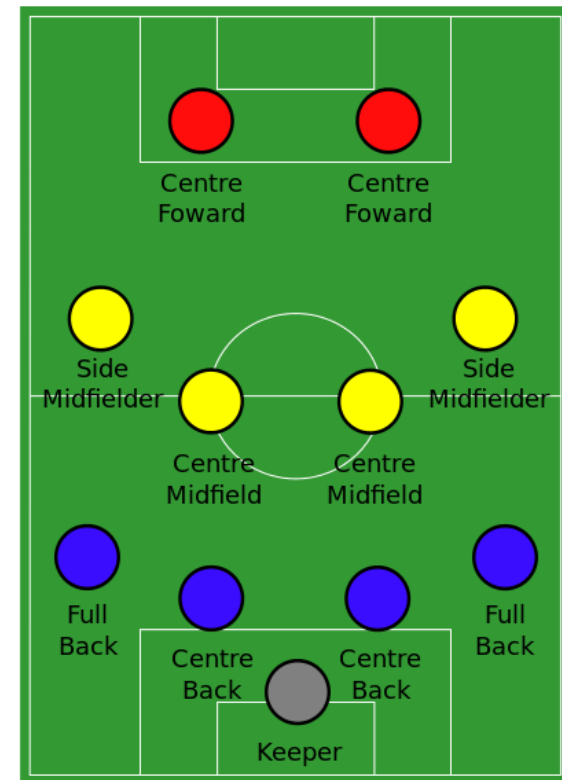
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The best player:
Messi x Ronaldo



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Volleyball

- a game of two teams of 6 players on each side of the court separated by the net
- the aim is to score points by grounding a ball on the other team's side according to rules; when one of the teams scores 25 points-the set is over. The team that gets 3 sets wins the match.
- the ball is served over the net into the other team's court
- the opposing team must not let the ball touch the ground within their court
- any team may touch the ball up to 3 times but single players may not touch the ball twice in a row
- it is usually played with the hands or arms but it is allowed to play with any part of the body

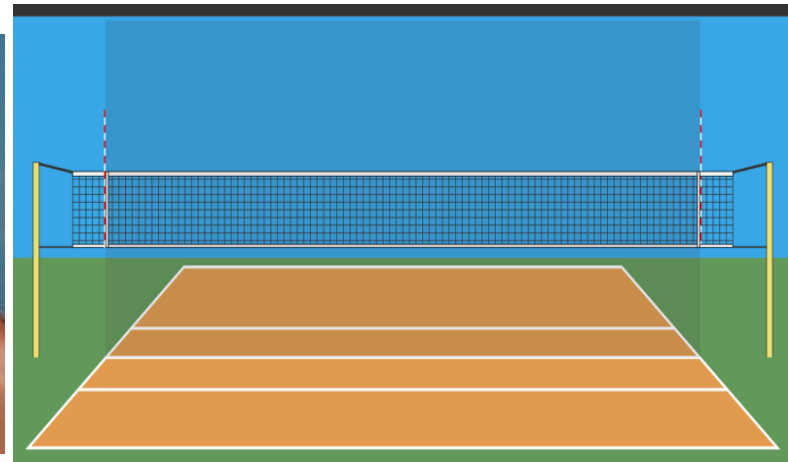
Player's equipment

➞ trainers (sneakers), socks, shorts, jersey, knee pads, ball



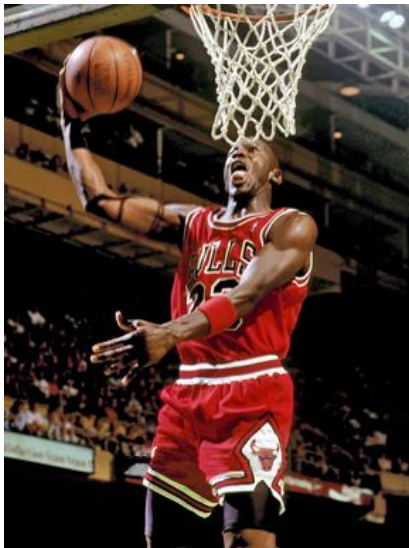
The best player:

Karch Kiraly
(USA)



Basketball

- a game played by two teams of five players on each side on a rectangular court with a basket at each end
- it is played with hands and one needs to dribble to move around
- the aim is to throw a ball through a hoop
- scoring counts for two points if a player is standing closer to the basket than the three-point line, and three points if vice versa
- the game is played in 4 quarters of 10 min



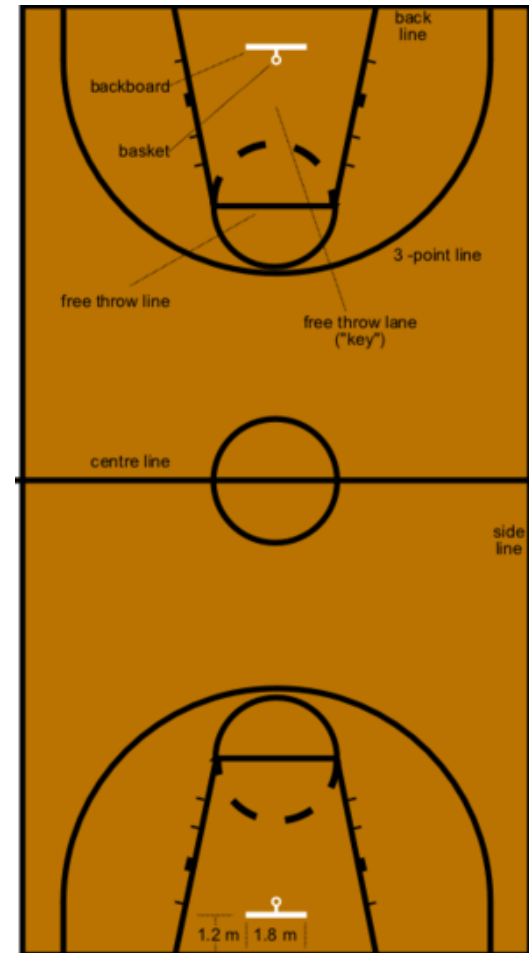
Player's equipment

→ trainers (sneakers), socks, shorts, jersey, ball



The best player:

Michael Jordan (USA)



Handball

- a game which lasts 60 min
- it is played by two opposing teams of 7 players on each side
- the aim is to score in the opponent's goal by throwing the ball
- it is played by hands; players can make only 3 and then either pass, shoot or dribble
- it is played on a rectangular pitch with two goals at each end
- basically no field player can step into the goalkeeper's territory

Player's equipment

➔ handball wax, shorts, socks, trainers, jersey, (knee pads), ball, tape



The best player:
Filip Jícha
(Czech Rep.)



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[http://commons.wikimedia.org/wiki/File:Filip_J%C3%ADcha,_THW_Kiel_-
_Handball_Czech_Republic_%284%29.jpg](http://commons.wikimedia.org/wiki/File:Filip_J%C3%ADcha,_THW_Kiel_-_Handball_Czech_Republic_%284%29.jpg)

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Rugby

- a game played by two teams of 15 players on each side on a field with two goals at each end
- players are allowed to carry, pass or kick the ball
- the only restriction is that the ball must go across field or backwards - never forwards when thrown
- to get the ball forwards it has to be carried or kicked
- the game is played in two halves of 40 min
- scrum is when 8 forwards from each team pack down, head to head and the ball is put into the centre of the mass and the players attempt to win the control of the ball



👍 **The best player:**
Dan Carter
(New Zealand)



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- only the player carrying the ball can be tackled
- the aim is to ground the ball into the opposition's end area behind the goal posts = 5 points or to kick it into the goal = 3 points
- if a team grounds the ball they have a chance to kick for extra 2 points

Player's equipment

- ➔ jersey (with horizontal stripes), shorts, socks and boots (cleats), scrum cap or headband



Typical
rugby
player

