



INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

Projekt:	MO-ME-N-T MOderní MEtody s Novými Technologiemi
Reg.č.:	CZ.1.07/1.5.00/34.0903
Operační program:	Vzdělávání pro konkurenceschopnost
Škola:	Hotelová škola, Vyšší odborná škola hotelnictví a turismu a Jazyková škola s právem státní jazykové zkoušky Poděbrady
Tematický okruh:	At the doctor s
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Datum:	26. 10. 2013
Ročník: (Cíl. skupina):	2. – 4.
Anotace:	Základní fráze používané při návštěvě lékaře. Popis možných nemocí, komplikací a symptomů. Slovní zásoba z oblasti léčiv a pomůcek k léčbě.

At the doctor's

People go to a doctor because of an ***urgent*** health problem or for a ***regular check-ups***.

You can make an appointment or if it's an emergency you just come.

You should have a medical insurance card on you.

You explain your problem and describe your ***symptoms*** to the doctor.

He or she examines you and checks your blood pressure and may send you for a blood test. He may ask you to open your mouth to see your throat.

Then he or she may tell you a diagnosis and prescribe medicaments or send you to a ***specialist***.

Phrases - Doctor

- *What's the matter? What seems to be a problem? What is wrong?*
- *For how long have you been feeling ill?*
- *Take your clothes off. I'll examine you. Let me take your pulse, please.*
- *I'll measure your blood pressure.*
- *Can I have a look? Where does it hurt?*
- *Does it hurt here?*
- *Show me your tongue.*
- *Have you got any other symptoms?*
- *What infectious diseases have you had?*



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- *What have you eaten/drunk?*
- *Have you been injured?*
- *You must stay in bed and take this medicine three times a day, after meals.*
- *I'll dress the wound and put a plaster on your arm.*
- *You should consult a specialist.*
- *I think you'll have to stay in hospital for a week.*
- *I'll give you a prescription. Take this medicine two times a day / after meals / an hour before meal.*
- *You'll soon be well again.*
- *Come back next week if you don't feel better.*

Phrases - Patient

- *I've got a high temperature.*
- *I've been feeling sick. I've got a temperature / sore throat / headache / rash*
- *There's a sharp pain here. I've got a pain in here.*
- *I feel dizzy. I've got a kidney problem. I've lost weight. I've got a stomach ache.*
- *I have diarrhea. I've lost my appetite.*
- *I've got circulation problems. I sweat all night.*
- *My ears are buzzing. I've got an upset stomach.*
- *I've sprained my wrist/ankle. My hand/foot is badly swollen.*
- *I think I've pulled a muscle in my leg/arm.*

- *I've had scarlet fever / mumps / the measles.*
- *Is it something serious? Is this a common problem at my age?*
- *When will the tests results come in? Are you going to run more tests?*
- *Do I have to be operated on? Will I need surgery?*
- *How long do I have to stay in hospital?*
- *I hope there won't be any complications.*
- *Could you prescribe some medicine for me?*
- *How often should I take this medicine?*
- *Shall I come back next week if I don't get better?*

Possible problems

▪ Nose

Nosebleed – *when the blood is coming out of your nose and can't be stopped*

Sneeze – *usually when you are cold; air goes rapidly out of your lungs*

Runny nose – *when you need to blow your nose often*

Itchy nose – *when it makes you sneeze often*

Sore nose – *when your nose hurts from blowing all the time*

▪ Throat

Cough - *reflex which helps to clear the breathing cavity from secretions or irritants.*

Dry Throat – *caused by an illness (flu), irritation or infection.*

Sore Throat – *painful irritation of the throat (inflammation)*

▪ Skin

Rash - may cause the skin to change color, itch, become warm, bumpy blistered, swell and may be painful.

Burn - a type of skin injury caused by heat, electricity, chemicals, friction, or radiation

Cut - a type of injury in which skin is torn and usually caused by a sharp-edged object such as a knife or glass.

Graze - is a damage to the skin with minimal bleeding

Bruise - is caused by trauma and internal bleeding into the tissues which does not break through the skin.

Fracture - is a broken bone

Sunburn - happens when the skin is exposed to the UV radiation. It is the leading cause of skin tumors.

Bite - is a wound from the teeth of an animal or humans.
(spider, dog, flea, snake, mosquito)

Sting - is a puncture into the skin caused by an insect and containing some kind of venom.

Blister - is a small pocket of liquid in the upper layer of the skin. It may be caused by rubbing (friction), burning, freezing, etc.

Skin irritation - may be a result of an allergic reaction.

Swelling - enlargement of a body part or area by accumulation of liquid in tissue.



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▪ Muscles

Cramps - *an involuntary temporary strong muscle contraction*

Strain - *is an injury to a muscle in which the muscle fibers tear because of overstretching*



▪ Stomach

Stomach ache – *many reasons – bad food, allergy, disease, etc.*

Vomit – *spitting out the content of the stomach*

Nausea - *a feeling of unease and discomfort in the upper stomach with an urge to vomit*

Illnesses

- **flu** - is transmitted through the air by coughs or sneezes and common symptoms is fever, runny nose, sore throat, muscle pains, headache, coughing and/or weakness.
- **mumps** – a viral disease when glands on the neck are swollen
- **measles** - is a viral infection of the respiratory system. As symptoms there is fever, cough and skin rash. Spread through respiration.
- **chickenpox** – is a viral infection with symptoms such as skin rash. It spreads through sneezing and coughing.
- **scarlet fever** – is an infectious disease spread through the air. Symptoms may be sore throat, fever and red rash.
- **tonsillitis** – is an inflammation of tonsils cause by a virus or bacteria. Common symptoms are sore throat, pain when swallowing and fever.
- **bronchitis** – an inflammation of brochi (airways). It is characterized by cough usually with a production of mucus which is coughed up.

Medicaments and aids

- pill, tablet, capsule
- syrup
- ointment, cream
- eye drops
- injection
- tranquilizer
- pain killer
- antiseptic
- dressing
- bandage
- cast
- brace
- gauze
- plaster
- elastic tape
- crutches
- wheelchair